



MASSAGE MENU

Head Massage

นวดศีรษะ และ คอ

300.- 30 mins

450.- 60 mins

Back Shoulder Massage

นวดหลัง คอ บ่า และ ไหล่

400.- 30 mins

550.- 60 mins

Foot Massage

นวดฝ่าเท้า

450.- 60 mins

600.- 90 mins

750.- 120 mins

Thai Massage

นวดแผนไทย

550.- 60 mins

700.- 90 mins

850.- 120 mins

Aroma Oil Massage

นวดตัวด้วยน้ำมันหอม

1000.- 60 mins

1350.- 90 mins

1700.- 120 mins

Warm Oil Massage

นวดตัวด้วยน้ำมันอุ่น

1100.- 60 mins

1450.- 90 mins

1800.- 120 mins

Signature Herbal

Compress Massage

นวดซิกเนเจอร์ ด้วยลูกประคบ

1550.- 90 mins

1950.- 120 mins

SCRUB PACKAGE

Aroka Scrub

Indulge in a full-body exfoliation using mineral-rich and nourishing essential oils. This treatment gently removes dead skin cells, stimulates circulation, and leaves your skin feeling soft, smooth, and rejuvenated.

Aroka Scrub

Full Body Scrub 45 mins
1350

Essense of Calm

Full Body Scrub 45 mins +
Aroma oil massage 45 mins
1800

Glow and Soothe

Full Body Scrub 60mins +
Aroma oil massage 60 mins
2150



HOT STONE COMPRESS PACKAGE

Aroka Herbal Hot Stone Compress

Experience deep relaxation with this traditional Thai therapy combining smooth heated stones and warm herbal compresses. The heat penetrates deeply to ease muscle tension, while the aromatic herbs stimulate circulation and calm the senses. Ideal for relieving stress, fatigue, and muscle soreness.

Full Body Hot Stone Compress

Duration: 60 mins / 90mins / 120 mins
1450 / 1950 / 2450

Back & Shoulder Hot Stone Compress

Duration: 60 mins or 90 mins
750 / 950

Foot Hot Stone Compress

Duration: 60 mins / 90 mins / 120 mins
650 / 900 / 1150

RECOVERY PACKAGES

Tension Release Therapy **นวดฟื้นฟูร่างกาย**

A therapeutic treatment combining trigger point therapy, deep stretching, and relaxation massage to release built-up tension and restore overall well-being. Ideal for relieving office syndrome, migraines, muscle fatigue, while improving circulation and flexibility.

Massage: Head, Neck, Brow, Arms, Back,
Shoulder

Duration: 60/90/120 mins

850 / 1200 / 1550

Thai Target Relief Massage **นวดไทยบรรเทาอาการเฉพาะจุด**

A deep tissue massage combining acupressure, muscle release, stretching, and therapeutic balm to relieve chronic muscle tension and improve mobility. Ideal for guests with office syndrome or those who exercise regularly.

Massage: Whole Body

Duration: 60/90/120 mins

950 / 1300 / 1650



AROKA PACKAGES

Vital Unwind **ปลดล๊อคพลังชีวิต**

Benefits customers with office syndrome, and those who stand or walk a lot. We incorporate palm balm to help relieve tension.

This experience includes :

Massage: Neck, Upper Back, Lower Back, Shoulder

Duration: 60 mins or 90 mins

650 / 900

After Party

For individuals who have been enjoying too much party last night and want to relax.

This experience includes :

Massage: Back, Shoulder, Foot

Duration: 60 mins or 90 mins

600 / 750



AROKA PACKAGES

Deep Tissue

For clients who want to release ingrained tension and feel lasting relaxation, ideal for athletes, those with physically demanding lifestyles or those who suffer from chronic muscle tension, we use palm oil to help relieve tension. This experience includes:

Massage: Whole body

Duration: 100 minutes

1,600